



Senior Executive Coaching Programmes

For Results, Profit, Success

Great coaching develops great people

Who are these programmes for?

Are you a senior executive in business or a business entrepreneur wishing to step change or fine tune performance? If so read on.

Why work with us?

- Because you want maximum value from a tailored coaching programme that delivers results.
- You want a highly professional, passionate and committed coach/mentor who also has significant business experience and is completely focused on your requirements.
- You recognize that performance starts with you and you are keen to learn more about yourself, your purpose, your values and your vision.
- You truly want an experience that if you embrace it, will result in a visible step change in performance in the workplace.

How will the programme be structured?

- At an introductory session we will outline the process and determine whether coaching will be of value to you. If appropriate, we will also interview your line manager to understand their perceptions of your opportunities for development.
- If we all wish to progress, we would then discuss a coaching programme that will include a number of 2 to 3 hour coaching sessions. This will be based around an initial coaching report which includes personal profile information, draft objectives and plans around each session.
- At each session, there will be flexibility to cover current issues, as well as the agenda.
- There is likely to be homework during the process which may include reading, journaling, profiles to complete as well as agreed actions.
- At the end of each session, a coaching report will be agreed including key insights acting as a journey record.
- You will be able to contact us between sessions if support is needed.
- At the end of the process, we would evaluate the step change in performance and keep in touch post the programme to understand how things are developing.

What will we cover?

- This will vary depending upon objectives. However, common themes include key mindset principles and understanding how our thoughts and feelings determine our actions and results and impact our ability to influence others.
- We will use various profiling tools which may be based upon a number of disciplines including NLP, Spiral dynamics, Archetypes, Values assessment etc. All which will provide greater insight into the areas we wish to develop.
- For some, we use techniques to determine core purpose and identity which will provide a highly compelling motivation to deliver. Just knowing your purpose and acting upon it can have a massive impact on results.
- For senior executives, we often develop personal brands to increase performance consistency and focus.

What outputs might I expect?

These will again vary by individual, however, often include:

- Greater confidence
- A visible step change in performance to others
- Happier and more motivated direct reports
- Improved relationships with colleagues
- Better work/life balance
- Reduced stress
- More enjoyment in the workplace
- Significant increased business results

What have people said about our coaching?

"Chris encourages you to think about your inner potential in a holistic way. He has supported me in the development of an authentic "Personal Brand" - not ideas from Chris (unless you need them) just intelligent questions which has helped me to articulate who I am and what I can achieve"

Stephen Gould, Managing Director, Everards Brewing Ltd.

"Very trustworthy, honest, structured, approachable and consistent. Overall exceeded expectations".

Regional Director, Carlsberg UK Ltd.

"I worked with Chris Cooper for a year during which I found his guidance to be an absolute inspiration. In particular his support during a period of rapid change was most helpful. It is not always an easy task to challenge well established practices. Chris is very good at helping you focus on key objectives, and on keeping you focused on the key issues".

Geraldine Hickman, Procurement Manager Solihull Borough Council.

Just ask if you require coaching references. Many of our clients would be very happy to chat with you about their experiences.

Who are we?

A very passionate, experienced and commercially aware training, coaching and consulting organization committed to developing people to develop greater business results, profit and success. For more information and personal profiles please visit www.cc1consulting.com

Our Money Back Guarantee

"Our work is our passion and our aim is to always deliver more value than we are paid. If in the very unlikely event that we do not achieve this, then we would take every step to ensure your full satisfaction".

Chris Cooper,
Founder CC1 Consulting Ltd

If you are seeking greater Results, Profit and Success through people development then please contact us on the details below:



CC1 Consulting Ltd
Results, Profit, Success

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